

NATIONAL ASSOCIATION OF RETIRED POLICE OFFICERS

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BRANCH CIRCULAR 07/13

To: All Branch Secretaries
NEC Members

5th March 2013

Dear Colleague,

POLICE MUTUAL LAUNCH NEW MEMBER CARE SERVICE

Following their Annual General Meeting Police Mutual have changed the terms of their mutuality to include not only those who have a Police Mutual product but also those who have a Home or Motor Insurance Policy with Roland Smith.

This means that those NARPO members can now access the Police Mutual Member Care Service, which offers a free Nurse led service that supports members and their families through serious illness, chronic health conditions, bereavement and disabilities.

It offers a friendly listening ear, practical information, and emotional support where it's needed most. The service provides expert advice, reassurance and access to complementary treatments. The service is provided by Red Arc who are an experienced provider of this type of service.

To access the service members should use the below contact details:

0845 450 5220 or membercare@pmas.co.uk

The Police Mutual Foundation is another new service provided for NARPO members who are also members of Police Mutual and this service provides Convalescence facilities by providing tailored support for members of the Police Service, retired officers and their families who've been through a traumatic event or bereavement, helping them to get away from it all and recuperate.

Applications **must** be authorised and submitted by Branch Secretaries using the relevant application form available via the website at:

www.policemutualfoundation.co.uk

The Police Mutual Foundation website also offers a Well Being Zone which offers online advice designed to help members with their health and general wellbeing. The site can support members in the following areas:

- Improving general health
- Losing weight
- Getting fitter
- Eating more healthily
- Managing Stress

I would be grateful if you could circulate these details to your members and in particular I would ask that you bring these services to the attention of your Branch Welfare Officers.

I have also attached a short powerpoint explaining the services in more detail and a copy of the convalescence application form.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Clint Elliott', written in a cursive style.

Clint Elliott QPM
Chief Executive